

tasklist.org - A comprehensive list of processes running in your computer

Filename: monitor.exe

Name: Monitor Helper

Description: www.symantec.com/avcenter/venc/data/spyware.mylittlespy.html target=blank>MyLittleSpy keystroke logger/monitoring program - remove unless you installed it yourself!

Recommendation: User's choice - depends whether a user deems it necessary

We found that [Easy SpyRemover](#) is the most effective tool for removing this file.

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